

The Treatment Team

Methadone And Suboxone Opioid Substitution Therapy
April 2015



Teamwork



There, it's finished !
I will call it, Windows 8

Team

- Includes everyone who interacts with your patients and your patients files
- Reception
- Addictions Counsellor
- Social Work
- Pharmacists
- Physicians – both Methadone providers and Non Methadone Providers
- Nurses, MOA's,



Addictions Counsellor

- Key to a successful Methadone Program
- Vital ally in dealing with patients suffering with addiction
- Helps screen and prepare patients for methadone
- Helps with methadone clinic flow
- Helps with the day to day requests from methadone clients



Addictions Counsellor

- Ideal to have in office – but not essential
- With EMR can work remotely
- Can help formulate a treatment plan
- Can help reinforce the treatment plan
- Can assist getting patients into Detox and Rehab programs



Pharmacist

- Key team member
- Interact with patients on a daily basis
- Can give you a lot of information that you may not have in short office visit
- Can offer counselling and advice
- Can help with drug interactions
- Can help with carry audits
- Can advocate for patients as well





TEAMWORK

It's Worth \$0.83



Reception

- Help steer your patients in the right direction
- Help educate patients on the correct way to interact with the team and your waiting room
- Can steer faxes and phone calls in the right direction to make your life better and help avoid frustration in patients lives



Social Work

- Help with funding and transport
- Help with funding for lock boxes
- Help patients get back on track
- Help with housing, food and living.
- Help patient navigate their way back into society



Mental Health Counsellors



- Important to link with
- As patients get stable on methadone they need help to treat underlying mental health issues
- Help clients deal with anxiety and stress in a non pharmacologic way
- Grief counseling is very important in the recovery of many patients

Team

- Important to have time to meet regularly
- Keeps everyone on the same page
- Important that everyone on the team has a voice and is respected and heard
- Helps with difficult patients
- Helps avoid triangulation



Team

- Meet about new starts
- Meet about patients who may be spiraling down
- Meet to address concerns in the community – at the pharmacy
- Education – learn together and teach together



